

Upper Susquehanna Synodical Women's Organization

Fall Retreat - October 15, 2022

Come to Camp Mount Luther for a day of renewal in the beautiful setting it provides. This one-day retreat will include 3 sessions focusing on the Fruits of the Spirit led by Pastor Stina Schaeffer. Stina Schaeffer serves as Pastor alongside the fabulous folks at Salem Lutheran, Selinsgrove. Her favorite Bible verse is Matthew 28:20 and her favorite hymn is "For Everyone Born". Stina loves leading retreats and is looking forward to exploring the fruits of the spirit with the USSWO group! She lives in Selinsgrove with her husband, Gary, children Gabe (15) and Ellie (12) and their English springer spaniel, Remi. Light morning refreshments and lunch will also be provided. The fee for the day is \$30.00

Schedule for the day:

9:30 a.m.- Registration and Refreshments

10:00 a.m.- Welcome and Introduction to Mount Luther
Chad Hershberger, Director

10:00 a.m.- Session #1- What are the fruits of the spirit? And what do they have to do with us and our lives? Let's look together at how these gifts can bless our lives and relationships!

10:45 a.m.- BREAK

11:00 a.m.- Session #2- Fruits of the spirit in action - Getting creative with the fruits of the spirit!

11:45 p.m.- BREAK

12:00 p.m.- LUNCH (when you are finished eating, you may walk the grounds, or visit with others particularly those in your cluster until the next session.)

1:30 p.m.- Session # 3- Spiritual practices - incorporating these fruits into our daily "diet" of faith using different spiritual practices.

2:30 p.m.- Offering and Closing

To register, please complete and detach the bottom portion of this page and mail with a check for \$30.00 (made payable to USSWO) by Friday, September 30, 2022 to Tonya Tabb, 159 Swamp Road, Mifflintown PA 17059. You may also email your registration to tabbtonya@gmail.com and pay on the day of the event.

2022 USSWO Fall Retreat Registration

Name _____ Congregation _____

Address _____

Preferred Telephone Number _____ Email _____

Do you have any dietary restrictions we need to accommodate? If so, please list:

DIRECTIONS TO CAMP MOUNT LUTHER

Mount Luther is located in central Pennsylvania in Union County near Mifflinburg, Pennsylvania. We are about 15 miles from Lewisburg and about 45 miles from State College, midway between Mifflinburg and Hartleton. The camp is north of Route 45.

From the north (Williamsport and I-80), follow Route 15 South to Lewisburg and turn west on Route 45, and continue through Mifflinburg on Route 45. Continue on Route 45 W until you come to Christ's United Lutheran Church (about 3.5 miles outside of Mifflinburg) which will be on your left. Follow the directions below.

From the south, follow Route 15 to about 4 miles beyond Liverpool. Turn west on Route 104 and continue to Middleburg and then Mifflinburg. Turn west onto Route 45 at Mifflinburg and go about three miles until you come to Christ's United Lutheran. Follow the directions below.

From the west, follow Route 45 from State College through Hartleton. Continue on Route 45 E until you come to Christ's United Lutheran Church, which will be on your right.

FROM CHRIST'S UNITED LUTHERAN CHURCH

If traveling on Route 45 West, you will turn right onto Pleasant Grove Road at the church. If traveling east, you will turn left onto Pleasant Grove Road. Look for the street signs. There are green and white signs with directional arrows for Mount Luther from the Lutheran Church all the way back to the camp. You will stay on Pleasant Grove Road until you come to Moll Road. There, you will take a left (again, there is a green and white sign at this "Y" in the road.) The camp is about 2.6 miles from Route 45.